

WHAT WILL I NEED FOR CAMP LENOX?

LABELING INSIDE FRONT COVER

All clothing and equipment must be labeled with the camper's full name.

- ___ 100-200 Sew-on or Iron-on Name Tapes
- ___ 1-3 sheets Equipment Stickers

REQUIRED UNIFORM PAGES 2-5

- ___ 2 Grey T with logo
- ___ 1 Orange T (logo optional)
- ___ 1 Black T (logo optional)
- ___ 2 Black Shorts with logo
- ___ 1 White Tennis Short with logo
- ___ 1 Sweatshirt with logo
- ___ 1 Sweatpant (logo optional)
- ___ 1 Soccer Jersey with logo
- ___ 1 Baseball/Softball Jersey with logo
- ___ 1 Basketball Jersey with logo
- ___ 1 Reversible Mesh Tank Top with logo
- ___ 1 Tennis Shirt with logo

OUTERWEAR PAGE 6

- ___ 1 Warm Jacket/Fleece
- ___ 1 Rain Jacket
- ___ 1 Lightweight Jacket/Vest

ADDITIONAL APPAREL PAGE 7

- ___ 10 T-Shirts or Polos (2 long sleeved)
- ___ 4 Sleeveless T-Shirts
- ___ 8 Shorts
- ___ 4 Sweatshirts (at least one hooded)
- ___ 3 Sweatpants
- ___ 1 Hat
- ___ 4 Jeans or Long Pants/Leggings
- ___ 1 Banquet night outfit for full and 2nd session campers (dress for girls and polo or button shirt for guys)

BATH PAGE 8

- ___ 1 Bathrobe/Cover-Up/Towel Wrap
- ___ 8 Bath/Beach Towels
- ___ 1 Shower Caddy or Tote

SOCKS & SHOES PAGE 9

- ___ 20 Pairs of Athletic Socks
- ___ 3 Pairs of Sneakers
- ___ 1 Pair of Athletic Cleats
- ___ 1 Pair of Sandals/Crocs/Flip Flops
- ___ 1 Shower Shoes
- ___ 1 Waterproof Boots or Shoes

UNDERWEAR & SWIMWEAR PAGES 10-11

- ___ 15 Pairs of Underwear
- ___ 7 Bras (girls: 3 sports, 4 regular)
- ___ 5 Swimsuits (girls: at least 2 one-piece)
- ___ Swim Goggles

BUNKWEAR PAGES 12-13

- ___ 1 Set of Warm Sleepwear
- ___ 3 Sets of Light Sleepwear

BEDDING & LAUNDRY PAGES 14-15

- ___ 2 Cot-Size Sheet Sets (including pillow cases)
- ___ 2 Blanket/Comforter
- ___ 1 Pillow
- ___ 1 Mattress Pad and/or Egg Crate
- ___ Shoe Bag
- ___ 1 Laundry Bag (Camp Lenox supplies the 2nd)

CAMPING & OUTDOORS PAGE 16

- ___ 1 Sleeping Bag
- ___ 1 Camp Chair
- ___ Insect Repellent

BAGS PAGE 17

- ___ 2 Soft Trunks with Name
- ___ 1 Sports Bag or Tote for trips
- ___ Luggage Tags

ESSENTIALS & FUN STUFF PAGES 19-20

- ___ 1 Flashlight
- ___ 1 Water Bottle
- ___ 1 Battery Operated Clip Fan
- ___ Stationery and Postcards (some pre-addressed for younger campers)
- ___ Books and Non-Electronic Games

SUGGESTED PERSONAL ITEMS

- ___ 2 Toothbrushes/Toothpaste
- ___ 1 Hair Brush
- ___ 1 Liquid Soap
- ___ 1 Shampoo
- ___ 1 Sunblock

Do not bring expensive valuables to camp. Camp Lenox will not be responsible for lost or damaged items.

Soft trunks or duffles only—hard trunks and large suitcases cannot be accommodated.

Remember this is camp! Please do not send clothing that requires special care: only washable and dryable items!

REQUIRED SPORTS EQUIPMENT PAGE 18

- ___ 1 Shin Guards (required)
- ___ 1 Mouthguard (required)
- ___ 1 Tennis Racquet (required)
- ___ 1 Baseball Glove (required)

SUGGESTED SPORTS EQUIPMENT PAGE 18

The following items should be brought to camp so that your child can properly participate in each of the athletic programs we offer. Use your judgement based on your child's interests.

Soccer:

- ___ 4 Soccer Socks (white, orange, or black)

Baseball/Softball:

- ___ 1 Pair Baseball Paints (boys)
- ___ 2 Athletic Supporters with cup (boys)

Lacrosse:

- ___ 1 Lacrosse Pinnie (logo optional)
- ___ 1 Lacrosse helmet with face shield (boys)
- ___ 1 Lacrosse Goggles (girls)
- ___ 1 Pair Lacrosse Gloves
- ___ 1 Lacrosse Stick (provided, or can bring from home)
- ___ 1 Mesh Bag with Campers Name

Gymnastics/Dance:

- ___ 1 Leotard (logo optional)
- ___ 1 Jazz Pant and Dance Shoes

Golf:

- ___ Golf Clubs & Cover

Roller Hockey/Rollerblading:

- ___ 1 Pair of Rollerblades
- ___ 1 Helmet with Face Shield
- ___ 1 Knee/Shin Guard Unit
- ___ 1 Set Elbow Pads
- ___ 1 Hockey Stick (provided or can bring from home)
- ___ 1 Mesh Bag with Campers Name
- ___ 1 Hockey Jersey with logo (optional)



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